



QUAKER® INSTANT OATMEAL MAPLE BROWN SUGAR - 1.5OZ.

Claims

WHOLE GRAIN
Meets USDA Whole Grain-Rich Criteria

ALLERGENS
Not Containing Milk
Not Containing Peanuts or Tree Nuts

PRODUCT CLAIMS
Kosher
No Artificial Flavors
No Artificial Preservatives

Ingredients

WHOLE GRAIN ROLLED OATS, SUGAR, NATURAL AND ARTIFICIAL FLAVOR, SALT, CALCIUM CARBONATE, GUAR GUM, CARAMEL COLOR, NIACINAMIDE*, REDUCED IRON, VITAMIN A PALMITATE, PYRIDOXINE HYDROCHLORIDE*, RIBOFLAVIN*, THIAMIN MONONITRATE*, FOLIC ACID*. *ONE OF THE B VITAMINS

Product Specs

CASE UPC: 100-30000-43665-0
KOSHER STATUS: Kosher Pareve
PACKAGE UPC: 0-30000-43665-3
GRAIN OZ. EQ: 1.0 oz. eq.
CASE PACK: 72 1.51 oz. packets
WEIGHT OF GRAIN: 29 g

Nutritional Facts

Servings Per Container: 1
Serving Size: 1 packet (43g)
Calories: 160

Nutrient Type	Packaged: Value(Quantity Contained)	Packaged: Value(% Daily Value)
Total Fat:	2g	3%
Saturated Fat:	.5g	3%
Trans Fat:	0g	
Polyunsaturated Fat:	.5g	
Monounsaturated Fat:	1g	
Cholesterol:	0mg	0%
Sodium:	260mg	11%
Total Carbohydrate:	33g	12%
Dietary Fiber:	3g	10%
Soluble Fiber:	1g	
Total Sugars:	12g	
Protein:	4g	
Vitamin A:		15%
Vitamin B6:		20%
Vitamin C:		0%
Calcium:	20 mg	0%
Iron:	1.1mg	6%
Potassium:	110mg	2%
Thiamine:	.12 mg	10%
Riboflavin:		20%
Niacin:		20%
Phosphorus:	130 mg	10%
Magnesium:	35mg	8%
Folic Acid:		15%
Vitamin D:	0 mcg	0%

Includes 12 g Added Sugars

