



**QUAKER® INSTANT OATMEAL
REGULAR FLAVOR - .98OZ.**

Claims

WHOLE GRAIN

Meets USDA Whole Grain-Rich Criteria

ALLERGENS

Not Containing Milk

Not Containing Peanuts or Tree Nuts

PRODUCT CLAIMS

Kosher

No Artificial Flavors

No Artificial Preservatives

Ingredients

WHOLE GRAIN ROLLED OATS, CALCIUM CARBONATE, SALT, GUAR GUM, CARMEL COLOR, REDUCED IRON, VITAMIN A PALMITATE.

Product Specs

CASE UPC: 100-30000-43661-2

KOSHER STATUS: Kosher Pareve

PACKAGE UPC: 0-30000-43661-5

GRAIN OZ. EQ: .75 oz. eq.

CASE PACK: 1/48 count packets

WEIGHT OF GRAIN: 27 g

SMART SNACK COMPLIANT: Yes

Nutritional Facts

Serving Size: 1 packet (28g)

Calories: 100

Nutrient Type	Packaged: Value(Quantity Contained)	Packaged: Value(% Daily Value)
Total Fat:	2g	3%
Saturated Fat:	.5 g	3%
Trans Fat:	0g	
Polyunsaturated Fat:	.5g	
Monounsaturated Fat:	.5g	
Cholesterol:	0mg	0%
Sodium:	75mg	3%
Total Carbohydrate:	18 g	7%
Dietary Fiber:	3g	9%
Soluble Fiber:	1g	
Total Sugars:	0g	
Protein:	4g	
Vitamin A:		15%
Vitamin C:		0%
Calcium:	120 mg	8%
Iron:	7.8 mg	40%
Potassium:	100 mg	2%
Thiamine:	.1 mg	10%
Phosphorus:	130 mg	10%
Magnesium:	35 mg	8%
Vitamin D:	0 mcg	0%

Includes 0g Added Sugar