



QUAKER® QUICK OATS - 42OZ.

Claims

WHOLE GRAIN

Meets USDA Whole Grain-Rich Criteria

ALLERGENS

Not Containing Milk

Not Containing Peanuts or Tree Nuts

PRODUCT CLAIMS

Non GMO Project Verified

Ingredients

WHOLE GRAIN ROLLED OATS.

Product Specs

CASE UPC: 100-30000-43285-0

KOSHER STATUS: Yes – Pareve

PACKAGE UPC: 0-30000-43285-3

GRAIN OZ. EQ: 1.25

CASE PACK: 12- 42 oz. canisters

WEIGHT OF GRAIN: 40 g

Nutritional Facts

Servings Per Container: See table

Serving Size: 1/2 cup dry (40g)

Calories: 150

Nutrient Type	Packaged: Value(Quantity Contained)	Packaged: Value(% Daily Value)
Total Fat:	3g	4%
Saturated Fat:	.5g	3%
Trans Fat:	0g	
Polyunsaturated Fat:	1g	
Monounsaturated Fat:	1g	
Cholesterol:	0mg	0%
Sodium:	0mg	0%
Total Carbohydrate:	27g	9%
Dietary Fiber:	4g	15%
Soluble Fiber:	2g	
Total Sugars:	1g	
Protein:	5g	
Vitamin A:		0%
Vitamin C:		0%
Vitamin D:		0%
Calcium:	20mg	0%
Iron:	1.5 mg	8%
Potassium:	150mg	2%
Thiamine:	.2 mg	15%
Phosphorus:	130 mg	10%
Magnesium:	40 mg	10%
Includes 0g Added Sugars		