



QUAKER® QUICK WHITE GRITS - 5LBS.

Claims

ALLERGENS
Not Containing Milk

PRODUCT CLAIMS
Kosher

Ingredients

WHITE HOMINY GRITS MADE FROM CORN, NIACIN*, REDUCED IRON, THIAMIN MONONITRATE*, RIBOFLAVIN*, FOLIC ACID*. *ONE OF THE B VITAMINS.

Product Specs

- CASE UPC: 10030000043783
- KOSHER STATUS: Kosher Pareve
- PACKAGE UPC: 030000043707
- GRAIN OZ. EQ: 1.25 OEG (Enriched)
- CASE PACK: 8/5 lb. bags
- MEETS USDA WHOLE GRAIN-RICH CRITERIA: No

Nutritional Facts

Servings Per Container: 61

Serving Size: 1/4 c. (37g)

Calories: 130

Nutrient Type	Packaged: Value(Quantity Contained)	Packaged: Value(% Daily Value)
Total Fat:	.5g	1%
Saturated Fat:	0g	0%
Trans Fat:	0g	0%
Cholesterol:	0mg	0%
Sodium:	0mg	0%
Total Carbohydrate:	29g	11%
Dietary Fiber:	2g	6%
Total Sugars:	<1g	0%
Protein:	3g	
Includes 0g Added Sugars:	0g	0%
Vitamin D:	0mcg	0%
Calcium:	0mg	0%
Iron:	1.7mg	8%
Potassium:	50 mg	0%
Thiamine:	.2mg	15%
Riboflavin:	.1mg	8%
Niacin:	1.6mg	10%
Folic Acid:	57 mcg	24%