



QUAKER® INSTANT GRITS ORIGINAL - 1 OZ. PACKETS

Claims

ALLERGENS
Not Containing Milk

PRODUCT CLAIMS
Kosher

Ingredients

Degerminated white corn grits, salt, calcium carbonate, reduce iron, niacinamide*, BHT and citric acid (to preserve freshness), thiamin mononitrate*, riboflavin*, folic acid*.

Product Specs

CASE UPC: 10030000047603
KOSHER STATUS: Kosher Pareve
PACKAGE UPC: 030000047606
CASE PACK: 12/121 oz. boxes - 12 packets/box
WEIGHT OF GRAIN: "N/A"
MEETS USDA WHOLE GRAIN-RICH CRITERIA: No

Nutritional Facts

Servings Per Container: 12
Serving Size: 1 packet (28g)
Calories: 100

Nutrient Type	Packaged: Value(Quantity Contained)	Packaged: Value(% Daily Value)
Total Fat:	.5g	1%
Saturated Fat:	0g	0%
Trans Fat:	0g	0%
Polyunsaturated Fat:	.5	
Monounsaturated Fat:	0g	
Cholesterol:	0mg	0%
Sodium:	310mg	14%
Total Carbohydrate:	22g	8%
Dietary Fiber:	1g	5%
Total Sugars:	0g	
Includes 0g Added Sugars:	0g	0%
Protein:	2g	
Vitamin D:	0mcg	0%
Calcium:	130mg	8%
Iron:	8.4mg	45%
Potassium:	40mg	0%
Thiamine:	.2mg	15%
Riboflavin:	.1mg	10%
Niacin:	1.6mg	10%
Folic Acid:	36mcg	15%

