



## CARIBBEAN CHICKEN NACHOS WITH TOSTITOS® WHOLE GRAIN RICH CRISPY ROUND TORTILLA CHIPS

### Each Serving Provides:

**2 oz. Meat/MA**  
(1.5 oz. chicken + .5 oz. cheese)  
**3/8 c. Vegetables**  
¼ c. **Red/Orange** (1/4 c. red pepper)  
1/8 c. **Other** (1/8 c. green pepper)  
**1/8 c. Fruit** (1/8 c. mango)  
**2 oz. eq. Grains** (1.4 oz. TOSTITOS® Whole Grain Rich Crispy Round Tortilla Chips)

### Caribbean Chicken Nachos with TOSTITOS® Whole Grain Rich Crispy Round Tortilla Chips

INGREDIENT	QUANTITY 100 servings	1 Serving
<a href="#">TOSTITOS® Whole Grain Rich Crispy Round Tortilla Chips (62399)</a>	8 - 16 oz. bags + 12 oz.	1.4 oz.
USDA diced, Chicken (100101)	9 lbs. + 6 oz.	1.5 oz.
Pineapple Juice	1 Gal. + 1 pt. + 3/4 c.	.1875 oz.
BBQ Sauce	2 Gal. + 1 pt. + 3/4 c.	.34 oz.
Corn Starch	2 c. + 4 tsp.	1 tsp.
USDA Reduced Fat Cheddar Cheese (100012)	3 lbs. + 2 oz.	.5 oz.
Diced Red Bell Peppers	1 Gal. + 2 Qts. + 1 c.	1/4 c.
Diced Green Bell Peppers	3 Qts. + 1/2 c.	1/8 c.
Diced Mango (canned or frozen) OR diced pineapple	3 Qts. + 1/2 c.	1/8 c.
Chopped Cilantro (optional)	1 c. + 2 tsp.	1 tsp.

### PREPARATION

1. In a pot, add chicken, pineapple juice, BBQ sauce, and corn starch. Heat mixture over medium heat until the chicken reaches an internal temperature of 165°F and the sauce thickens.

2. Portion out TOSTITOS® Whole Grain Rich Crispy Round Tortilla Chips on a plate. Top chips with approximately 3/4 c. of the chicken mixture, red and green peppers, cheese, mango, and cilantro (optional). Serve with a fork.

Nutritional Facts Panel

<b>Nutrition Facts</b>	
<b>1 Serving:</b>	
Calories	441
Saturated Fat	3g
Sodium	709mg