



## FRITOS® BURRITO WITH FRITOS® ORIGINAL CORN CHIPS

**Each Serving Provides:**

**2 ½ oz. Meat/MA** (3.4 oz. Turkey Taco Filling  
+ .5 oz. cheese)  
**3/8 c. Vegetables**  
¼ c. Legumes (1/4 c. refried beans)  
1/8 c. Red/Orange (1/8 c. salsa)  
**3 oz. eq. Grains** (.75 oz. Fritos = 1 OEG + 10"  
WH Flour tortilla = 2 OEG)

### FRITOS® Burrito with FRITOS® Original Corn Chips

INGREDIENT	QUANTITY 100 servings	1 Serving
<a href="#">FRITOS® Original Corn Chips</a>	4 lbs. + 11 oz.	.75 oz. bag
USDA Turkey Taco Filling (100119)	21 lbs. + 4 oz.	3.4 oz.
USDA Cheese, cheddar, reduced fat, shredded (100012)	3 lbs. + 2 oz.	.5 oz.
USDA Beans, refried, low sodium, canned (100362)	1 Gal. + 2 Qts. + 1 cup	1/4 c.
USDA Salsa, low sodium, pouch (110186)	3 Qts. + 1/2 c.	1/8 c.
10" Whole Grain Flour Tortilla	100	1- 10 "

**PREPARATION**

1. Mix Turkey Taco Filling, refried beans and salsa together. Heat thoroughly.
2. Heat tortillas by steaming, grilling, or microwaving (see manufacturer's directions).
3. Place 2/3 c. of taco filling mixture onto a tortilla.
4. Place 1/2 oz. cheese and .8 oz. FRITOS® Original Corn Chips on top of tortilla.
5. Fold up bottom of tortilla and roll the tortilla, pressing mixture as it is rolled.
6. Serve with additional salsa if desired.

**Nutrition Facts****1 Serving:**

Calories	559
Saturated Fat	5.1g
Sodium	823mg