



## ITALIAN CHICKEN NACHOS WITH TOSTITOS® WHOLE GRAIN RICH CRISPY ROUND TORTILLA CHIPS

### Each Serving Provides:

**2.5 oz. Meat/MA** (2 oz. chicken + .5 oz. mozzarella )

**3/8 c. Vegetables**

**1/8 c. Red/Orange** (1/8 c. tomatoes)

1/4 c. Other (1/8 c. cucumber + 1/8 c. red onion)

**2 oz. eq. Grains** (1.4 oz. TOSTITOS® Whole Grain Crispy Round Tortilla Chips)

### Italian Chicken Nachos with TOSTITOS® Whole Grain Rich Crispy Round Tortilla Chips

INGREDIENT	QUANTITY 100 servings	1 Serving
<a href="#">TOSTITOS® Whole Grain Rich Crispy Round Tortilla Chips - Bulk</a>	8 - 16 oz. bags + 12 oz.	1.4 oz.
USDA diced chicken (100101)	12 lbs. + 8 oz.	2 oz.
Olive or soybean oil	1 c. + 2 tsp.	1/2 tsp.
Italian Seasoning (no salt)	3 c. + 2 Tbsp.	1 1/2 tsp.
Italian Dressing (divided use)	3 Qts. + 1/2 c.	1/8 c.
Water	1 Qt. + 1 Pt. + 1/4 c.	1 Tbsp.
Diced tomatoes	3 Qts. + 1/2 c.	1/8 c.
Diced cucumbers	3 Qts. + 1/2 c.	1/8 c.
Diced red onions	3 Qts. + 1/2 c.	1/8 c.
Sliced black olives (optional)	1 Qt. + 1 Pt. + 1/4 c.	1 tbsp.
USDA shredded mozzarella (100021)	3 lbs. + 2 oz.	.5 oz.

### PREPARATION

1. In a large pot, add chicken, oil, Italian seasoning, and half amount of Italian dressing. Heat mixture over medium heat until the chicken reaches an internal

temperature of 165°F.

2. Top TOSTITOS® Whole Grain Rich Crispy Round Tortilla Chips with 2 oz. of the warm seasoned chicken, 1/8 c. each of tomatoes, cucumbers, and onions, 1 Tbsp. olives, .5 oz. shredded mozzarella, and remaining Italian dressing.

## Nutritional Facts Panel

<b>Nutrition Facts</b>	
<b>1 Serving:</b>	
Calories	452
Saturated Fat	5.5g
Sodium	692mg