



CHEESEBURGER NACHOS WITH WALKING TACO **DORITOS® REDUCED FAT NACHO CHEESE FLAVORED TORTILLA CHIPS**

Each Serving Provides:

2.5 oz. Meat/MA

(2.68 oz. ground beef = 2 oz. MMA) (.5 oz. cheese = .5 oz. MMA)

1 1/4 c. Vegetables

3/4 c. Legumes (3/4 c. pinto beans

1/4 c. Red/Orange (1/4 c. tomatoes)

1/4 c. Green (1/2 c. Romaine)

2 oz. eq. Grains (1.4 oz. Walking Taco Doritos Reduced Fat Nacho Cheese Tortilla Chips)

Cheeseburger Nachos with Walking Taco DORITOS® Reduced Fat Nacho Cheese Flavored Tortilla Chips

INGREDIENT	QUANTITY 100 servings	1 Serving
USDA Ground Beef, frozen, raw (110261)	16 lbs. + 12 oz.	2.68 oz.
USDA Pinto Beans, canned, low sodium (100365)	4 Gal + 2 Qts. + 1 Pt. + 1 c.	3/4 c.
Tomatoes, diced	11/2 Gal. + 1 c.	1/4 c.
Mustard, prepared, yellow	1 Pt. + 1 Tbsp.	1 tsp.
Ketchup	1 Pt. + 1 Tbsp.	1 tsp.
Garlic powder	1/2 c. + 1 tsp.	1/4 tsp.
Onion, diced	1 Qt. + 1 Pt. + 1/4 c.	1 Tbsp.
Black Pepper	1/4 c. + 1/2 tsp.	1/8 tsp.
Water	3 Qts. + 1/2 c.	2 Tbsp.
Lettuce, iceberg, shredded	3 Gal. + 1 Pt.	1/2 c.
USDA Cheese, reduced fat, shredded, yellow	3 lbs. + 2 oz.	.5 oz.

Pickle relish, dill1 Pt. +1 Tbsp.1 tsp.

Walking Taco DORITOS® Reduced Fat Nacho Cheese Flavored Tortilla Chips

100 - 1.4 oz. bags

1 -1.4 oz. bag

PREPARATION

1. In a small pot, add cooked beef, beans, tomatoes, mustard, ketchup, garlic, onion, pepper and water. Heat mixture over medium heat until the mixture reaches an internal temperature of 165°F and the sauce thickens.

 $2. \ Top \ Walking \ Taco \ DORITOS^{\circ} \ Reduced \ Fat \ Nacho \ Cheese \ Flavored \ Tortilla \ Chips \ with \ the \ beef \ mixture, \ shredded \ lettuce, \ cheddar \ cheese, \ and \ dill \ pickle \ relish.$

Nutritional Facts Panel

Nutrition Fac	cts
1 Serving:	
Calories	576
Saturated Fat	7g
Sodium	776mg