



BERRY JUBILEE TOPPED OATS WITH QUAKER® KETTLE HEARTY OATS

Each Serving Provides:

1.25 OEG
3/8 c. Fruit

Berry Jubilee Topped Oats with QUAKER® Kettle Hearty Oats

INGREDIENT	QUANTITY 100 servings	1 Serving
QUAKER® Kettle Hearty Oats	3 tubes (39 c.)	0.5 c.
Water	3 Gal.	1/3 c. + 2 1/2 tbsp
Skim or Reduced Fat Milk	2 Gal. + 1 Qt.	1/3 c + 1 1/4 tsp
Salt	2 tbsp + 2 tsp	
Strawberry Preserves, reduced sugar	8 c.	1/2 tbsp
Vanilla Extract	1 tsp + 1 tbsp	1/8 tsp
Blueberries, fresh or frozen (thawed if frozen)	10 c.	0.5 c.
Strawberries, diced, fresh or frozen (thawed if frozen)	8 c.	0.5 c.
Raspberries, fresh or frozen (thawed if frozen)	8 c.	2 tbsp + 1 5/8 tsp (unthawed)

PREPARATION

- Whisk about 1 1/2 cups water into preserves to thin out to a spoonable consistency.
- Stir in vanilla and fold in berries until combined.
- Serve 1/3 cup on top of 1 cup hot oatmeal.

Nutrition Facts**1 Serving:**

Calories 202

Saturated Fat .961g

Sodium 43.2mg