



CHEESEBURGER WITH FRITOS® ORIGINAL CORN CHIPS

Each Serving Provides:
 2.75 oz. Meat/MA
 2 oz. MMA (2.8 oz. Beef patty 90/10)
 .75 oz. MMA (.75 oz. Cheese slice)
 1/8 c. Vegetables
 1/8 c. Red/Orange – (2 medium tomatoes slices = 40 g)
 3 oz. eq. Grain
 (1 hamburger bun = 2 OEG + .75 oz.
 FRITOS® Original Corn Chips = 1 OEG)

Cheeseburger with FRITOS® Original Corn Chips

INGREDIENT	QUANTITY 100 servings	1 Serving
FRITOS® ORIGINAL CORN CHIPS .75oz	100 bags	1 bag
USDA beef patty, 90/10 frozen	17.375 lbs.	2.8 oz.
USDA cheese, cheddar, slice	4 lbs. 11 oz.	.75 oz
Hamburger bun, whole grain or white	100	1
Tomatoes, medium, sliced 1/4" thick	9 lbs	2 slices
Lettuce, iceberg	2 heads	1 leaf

PREPARATION

1. Cook beef patty according to manufacturer's directions. Add a slice of cheese to each burger and slightly melt.
2. To assemble: Place cheeseburger on top of bun. Top with .75oz. FRITOS® Original Corn Chips. Serve with lettuce and tomato slices.

Nutritional Facts Panel

Nutrition Facts	
1 Serving:	
Calories	490
Saturated Fat	8.1g
Sodium	614mg