



HUMMUS PIN WHEELS WITH SABRA® CLASSIC HUMMUS

Each serving provides approximately: *

- 2 oz Grain eq – 1 whole wheat tortilla
- ½ oz Meat/Meat Alternate – 1 slice cheese (0.8 ounces)
- ½ oz Meat/Meat Alternate – 1 ounce **Sabra Classic Hummus**
- ¾ cup Vegetables – ¼ cups red bell pepper (red/orange), ¼ cups carrot (red/orange), ¼ cup cucumber (other)

*creditable amounts are dependent upon specific foods/ingredients used.

Hummus Pin Wheels with SABRA® CLASSIC HUMMUS

INGREDIENT	QUANTITY 100 servings	1 Serving
10-inch whole wheat tortillas	100 tortillas	1 tortilla
Reduced fat cheddar cheese	100 slices (5 lbs)	1 slice (0.8 oz)
Shredded carrots	25 cups (6 lbs 4 oz)	1/4 cup (1 oz)
Thinly sliced cucumber	25 cups (6 lbs 4 oz)	1/4 cup (1 oz)
Thinly sliced red bell pepper	25 cups (6 lbs 4 oz)	1/4 cup (1 oz)
Sabra Classic Hummus	12 1/2 cups (6 lbs 4 oz)	2 Tbsp (1 oz)

PREPARATION

1. Evenly spread 2 tablespoons of Sabra Classic Hummus on one side of each tortilla.
2. Place 1 slice of cheese on top of the hummus on each tortilla.
3. Add ¼ cup of shredded carrot, ¼ cup of cucumber and, ¼ cup of red bell pepper to each tortilla.
4. Roll each tortilla tightly and trim the ends with a knife.
5. Slice into 1-inch rounds.

Nutritional Facts Panel

Nutrition Facts

1 Serving:

Calories 269
Sat Fat 4.5g
Sodium 563mg