



BLIZZARD OR GHOST NACHOS WITH DORITOS® REDUCED FAT WILD WHITE NACHO FLAVORED TORTILLA CHIPS

Each Serving Provides:

2.5 oz. Meat/MA (3.45 oz. Turkey Taco filling = 2 oz. MMA + .5 oz. cheese)
1 ½ c. Vegetables
 ¾ c. **Legumes** (¾ c. pinto beans)
 ½ c. **Red/Orange** (½ c. tomatoes)
 ¼ c. **Green** (¼ c. Romaine)
1.5 oz. eq. Grains (1 oz. Doritos Reduced Fat Wild White Nacho Tortilla Chips)

Ghost nachos with Doritos® reduced fat wild white nacho flavored Tortilla Chips

INGREDIENT	QUANTITY	
	100 servings	1 Serving
USDA Turkey Taco Filling	21 lbs. + 9 oz.	3.45 oz.
USDA Canned Low Sodium Pinto Beans.	4.5 Gal + 3 c.	¾ c.
Diced Tomatoes	3 Gal + 2 c.	½ c.
USDA Reduced Fat Cheddar Cheese, shredded	3 lbs. + 2 oz.	.5 oz.
Romaine Lettuce, shredded	50 c.	½ c.
Doritos® Reduced Fat Wild White Nacho Flavored Tortilla Chips	100 – 1 oz. bags	1 – 1 oz. bag

PREPARATION

1. Heat turkey taco filling with pinto beans in large pot.
2. Open 1 bag of Doritos® Reduced Fat Wild White Nacho Flavored Tortilla Chips and pour onto plate/tray.
3. Place taco/bean mixture on top of chips. Top with cheese, lettuce, and tomatoes.

Nutritional Facts Panel

Nutrition Facts	
1 Serving:	
Calories	512
Saturated Fat	5.3g
Sodium	755mg