



**Product Name:** Buckeye® Old Fashioned Rolled Oats  
**Serving Size:** 1/2 cup dry (40 g)

**Product Code:** 20124  
**Date:** 01/01/2025

**Grains Based on Grams of Creditable Grains**

Does this product meet the Whole Grain-Rich Criteria:   
 Does this product contain non-creditable grains:

Description of Creditable Grain Ingredient	Exhibit A Group (A - I) the Product Belongs To	Grams of Creditable Grain Ingredient per Portion (A)	Gram Standard of Creditable Grain per oz Equivalent (B)	Creditable Amount (A / B)
Whole Grain Rolled Oats	Group H	40.00 g	28.00 g	1.4285 oz eq.
<b>Total Grains Based on Grams of Creditable Grains Creditable Amount:</b>				<b>1.25 oz eq.</b>

**Meal Pattern Contribution Statement**

I certify that the above information is true and correct and that a **1/2 cup dry (40 g)** ounce serving of the above product (ready for serving) provides **1.25** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

*Rachel Huber*

Signature

Rachel Huber, MPH, RDN

Printed Name

PepsiCo Foodservice Dietitian

Title

972-334-4789

Phone Number

**Buckeye/Quaker Old Fashioned Oats 800 Oz**

GTIN: 00030000201244 | UPC:  
 NET CONTENT: 50 Pound | PRODUCT ID: 00030000201244



Famous QUAKER Old Fashioned Oats in an economical 50 LB bag. The correct choice if you are serving a lot of people or are using oatmeal in a high volume recipe.

**FEATURES & BENEFITS**

- Regular
- 800 Ounce
- Kosher

**INSTRUCTIONS**

- To make 17 1 - cup servings; In heavy saucepan, stir 1 quart and 3 cups of Oats into 1 gallon of briskly BOILING water add 2 teaspoons of salt. Return to boil; reduce heat. Simmer 5-7 minutes, stir occasionally. Let stand covered or transfer to steamtable pan and cover. Let stand 10 minutes or until all water is absorbed. Hold on steamtable (#5 setting).
- MICROWAVE DIRECTIONS\* 1. For 1 serving, combine water, salt and Oats in 2 cup microwaveable cereal bowl. 2. Microwave on HIGH 2-1/2 to 3 minutes or until thickened. 3. Mix well before serving. \*Microwave ovens vary in power; cooking times may need to be adjusted.

<b>Brand Owner</b>	PepsiCo Inc. Brand Owner
<b>Brand Name</b>	Quaker
<b>Manufacturer</b>	Quaker Food and Beverage
<b>Volume</b>	2.321 Cubic foot
<b>Minimum Life Span (days)</b>	
<b>From Arrival: 300</b>	<b>From Production: 540</b>
<b>Storage &amp; Handling Temperature</b>	
<b>Minimum: 35 °F</b>	<b>Maximum: 85 °F</b>
<b>Origin</b>	
<b>Region:</b>	<b>Country: US</b>

**INGREDIENTS:** WHOLE GRAIN ROLLED OATS.

<b>Nutrition Facts</b>	
565 servings per container	
<b>Serving Size</b>	1/2 cup dry (40g)
Amount Per Serving	
<b>Calories</b>	<b>150</b>
% Daily Value*	
<b>Total Fat</b> 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 0mg	0%
<b>Total Carbohydrates</b> 27g	10%
Dietary Fiber 4g	13%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 5g	
Vitamin D 0mcg 0%	Calcium 20mg 0%
Iron 1.5mg 8%	Potassium 150mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

<b>Nutrition Facts</b>	
<b>Serving Size</b>	100 grams
<b>Calories</b>	375.0
<b>Total Fat (g)</b>	7.5
<b>Saturated Fat (g)</b>	1.3
<b>Trans Fat (g)</b>	0.0
<b>Cholesterol (mg)</b>	0.0
<b>Sodium (mg)</b>	0.0
<b>Total Carbohydrates (g)</b>	67.5
<b>Dietary Fiber (g)</b>	10.0
<b>Total Sugars (g)</b>	2.5
<b>Added Sugars (g)</b>	0.0
<b>Protein (g)</b>	12.5
<b>Vitamin D (mcg)</b>	0.0
<b>Calcium (mg)</b>	50.0
<b>Iron (mg)</b>	3.8
<b>Potassium (mg)</b>	375.0

GTIN	Level	Qty of Next Level Item(s)	H x W x D	Weight		Ti x Hi
				Net	Gross	
00030000201244	Each	1	5.35 x 21.3 x 35.2 Inches	50 Pound	51 Pound	3 x 12



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1 oz eq grain (OEG) = 1/2 cup cooked or 1 ounce (28 g) dry